

Circular: International Yoga Day Celebration 2026

“Yoga is the journey of the self, through the self, to the self.” — Bhagavad Gita

TMPIS/2026-27/013

Date: 18 June 2026

Dear Parents,

Greetings from T. M. Patel International School!

We are delighted to invite you to join us in celebrating International Yoga Day on 20th June 2026 (Saturday). Let us come together to embrace the spirit of wellness, mindfulness, and healthy living through the practice of yoga, under the expert guidance of, Ms. Rutul Ma'am.

Event Details

	Date:	20th June 2026 (Saturday)
	Time:	7:50 a.m.
	Venue:	T. M. Patel International School Playground

Please note that Pre-Primary students will have a holiday as it falls on a Saturday. Students of Grades I to XII will follow regular working hours as per the Saturday schedule. **Parents of students from Grades III to XII are warmly invited to join us** — your presence will make this celebration even more meaningful and inspiring for our learners.

Important Information

- Parents are required to report directly to the school playground by 7:50 a.m.
- After the Yoga Day celebration, students will continue with their regular school schedule.

Things to Carry

- Water Bottle
- Yoga Mat
- Napkin

Dress Code

- For Parents: Black Lower / Track Pants, White T-shirt
- For students: School PT Lowers and decent white T-shirt (students can bring their PT T-shirt so if required they can change after the Yoga Celebration)
- Comfortable sports shoes / sportswear suitable for yoga activities

We look forward to your enthusiastic participation as we celebrate health, harmony, and holistic well-being together.

Warm regards,
Mr K Maxwell Manohar
Director/Principal
T. M. Patel International School